

Steps for Completing HEADS UP CONCUSSION TRAINING

- Go to website <https://www.train.org/cdctrain/course/1089818>
- Make an account for yourself
 - Select: Community of Practice (select the following)
 - [Preparedness & Emergency Response](#)
 - Select: Discipline (select the following)
 - Education K-12
- Go to profile
 - Add contact info
 - Address
 - Organization name
 - Skate like a girl
 - Department or division: Your chapter
 - Title: Your role (coach)
 - Professional Role (select the following)
 - Childcare provider
 - Work settings (select the following)
 - nonprofit organization
 - SAVE
 - **CLOSE**
- Take pre-assessment
 - Sport: other
 - Ages 6-10 and 11-13
- Take Course
 - This course should take 45 minutes to an hour. If it takes longer please communicate this to your supervisor.
 - Once approved by your supervisor, log this time if you are in a paid staff position or an Up2Us Coach.
- Take post-assessment
- Send a digital copy to supervisor via slack direct message
- Review our Head injury protocol via the incident/injury [policy](#)

MISSION

To create an inclusive community by promoting confidence, leadership, and social justice through the sport of skateboarding.

VISION

Empower young people, especially young women, to grow into strong, confident leaders who promote and implement social equity.

VALUES

We value experiential learning and civic participation, by providing opportunities to be involved in the skateboarding community.