



SKATE LIKE A GIRL SUMMER SKATE CAMP – SF BAY AREA Parent Information

Thank you for joining us for Skate Like a Girl Summer Skateboarding Camp! This document should answer many of your questions! If you have additional questions or concerns, please contact us at sfbay@skatelikeagirl.com.

NEW! CAMPER CODE OF CONDUCT:

- Each day upon arrival, all campers/staff and volunteers will participate in a health screening
- Follow all directions given by staff and volunteers
- Respect counselors and campers, ensuring everyone feels welcome and safe
- Wear a mask over your face/nose at all times, except specific occasions such as drinking water
- Please maintain 6 feet of distance between yourself and others at all times
- Wear a buckled helmet and all pads while skateboarding during camp hours, unless otherwise specified by parents. Helmets are non-negotiable.
- Communicate appropriately by not using foul language, gestures, or unfriendly tones of voice
- Do not cause deliberate physical and/or emotional harm of counselors or campers, such as pushing, kicking, hitting, or fighting
- Do not leave the group you are assigned, and communicate any needs to your counselors, such as water, bathroom, snack, shade, etc.

If campers cannot follow these rules, they will be issued a warning and parents will be notified. If behaviors still do not change after a warning, campers may be expelled from camp at the discretion of Skate Like a Girl.

DROP OFF / PICK UP:

All campers are to be dropped off & picked up at the B.A.D Indoor Skate Park (2635 Peralta St. Oakland CA). We require parent sign in/out, unless noted on the registration form that your child can sign themselves in/out. At our indoor locations, we are requesting that families not plan on staying at camp during camp hours. This helps reduce the number of folks coming in contact with one another and helps us abide by camp venue's capacity.

We expect parents to be on time (12:00 pm Half Day) for pick-up. If no one arrives to pick up your child, our staff will contact you and your designated emergency contacts. If we hear from a parent or guardian, we will wait with your child. If you are more than 30 minutes late, you will be charged a financial penalty of \$50 per hour (rounding up to the nearest hour), to cover our staff's time. If this is a continual issue, it may result in your child's expulsion from the program.

NEW! NO CONTACT CAMP

This year, in order to maintain 6 feet of distance between campers and staff, we will not be providing physical support down ramps or other skate obstacles. To help reduce injury, we will be skating "smarter not harder", and only attempting obstacles that skaters can complete on their own. All campers must wear a helmet at all times, and we strongly encourage all campers to wear elbow, knee, and wrist protection as well.



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WHAT IF IT RAINS or IS WET?

Unfortunately, the BAD Indoor Park has a leaky roof. **We will cancel camps in cases of heavy rain or wet conditions.** If rain occurs during camp, our coaches will make a call whether it is safe to continue or not. Parents/families will be notified immediately if camp is cancelled. All participants will be entitled to a pro-rated refund or program credit for days of camp missed due to a smoke cancellation.

WHAT IF THERE IS POOR AIR QUALITY or SMOKE?

In the case of poor air quality **exceeding an Air Quality Index (AQI) of 200, camp will be cancelled** and parents will be notified immediately. If the AQI falls between 150-200 for multiple days, camp may be cancelled. If the AQI is below 150, camp will not be cancelled. All participants will be entitled to a pro-rated refund or program credit for days of camp missed due to a smoke cancellation.

NEW! WHAT IF THERE IS A COVID EXPOSURE?

In the event of a Covid exposure during camp hours, camp will be cancelled for the remainder of the week, and all participants will be entitled to a full refund. If our staff are exposed to Covid outside of camp hours, our staff will not be able to come to work, and therefore camp may be cancelled. As with other cancellations on behalf of Skate Like a Girl, all participants will be entitled to a full refund. If participants are exposed to Covid outside of camp hours, they should not attend any further camps or programs for a minimum of 14 days, and will be entitled to a full refund.

AM CAMP SCHEDULE:	
*8:30 AM	<i>*Parents notified by call, text or email, if there is a cancellation/change due to covid or weather.</i>
8:45 AM	Camp check-in open – participant pad up & free skate
9:15 AM	Circle Time & Stretches
9:30 AM	Lesson groups
10:15 AM	Snack Group A
10:30 AM	Lesson groups
11:20 AM	Snack Group B
11:30 AM	Camper Showcase!
11:55 AM	Camp debrief activity
12:00 PM	Camper pick up & sign-out



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WHAT TO BRING:

- **NEW! Mask** – *We strongly recommend more than 1 mask, as skaters will most likely be getting a bit sweaty!*
- **NEW! Hand Sanitizer** – *We strongly recommend sending your child to camp with their own personal bottle of sanitizer.*
- **Water Bottle** – *Soda or energy drinks are not allowed.*
- **Layers** – *Please send your child with a light jacket or long sleeve*
- **NEW! Nutritious Snacks** –
 - We request that families send their child to camp having had breakfast if possible. Since we are only offering a half day camp, we'd like to keep snack time brief. This year snack time will be optional and will happen in shifts. This is to make sure campers are in a well ventilated area when masks are down and to ensure social distancing can be maintained.
- **NEW! Skateboard & Helmet** – We highly recommend the use of elbow, knee & wrist pads, too! To ensure safety of all participants, loaner boards, helmets and pads **will NOT be provided** this summer. Skate Like A Girl Summer Camps may offer free boards, helmets and gear to any youth who have been awarded any form of financial assistance or those who fill out the gear request form during registration.

SKATEBOARDING GEAR 101:

- Although they seem like a good deal, mass-produced skateboards from department stores will make it harder for your child to roll, gain speed, and turn. Further, they add to the risk of falls due to an inability to properly steer or roll. **We HIGHLY recommend investing in a higher quality board, or borrowing one of our professional quality rental boards.**
- Proper pads are very important. Good pads cover the elbows and knees completely, and have large plastic plates to allow sliding on concrete without skin contact. The straps should fit snugly around knees and elbows, without easily falling off or constricting movement. Helmets should fit snugly on the head, without causing headache (too tight) or flopping around (too loose).
- Skate Like A Girl Summer Camps offer free boards and helmets to any youth who have been awarded any form of financial assistance.

PRONOUNS:

At Skate Like a Girl, we are committed to creating spaces where participants and counselors of all genders feel welcome. Every day we skate with little boys with long



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hair, girls who hate pink, and many more kiddos in between and beyond. In order to not misgender anyone, we ask our counselors and campers to share their pronouns with the group. If youth don't wish to share their pronouns, and opt to use their name instead, that's totally cool. If you have additional questions, please contact sfbay@skatelikeagirl.com.

DISCIPLINARY EXIT:

We typically do not honor refunds for youth who miss days of skate programming due to a behavior related expulsion. Refunds in this case will be dealt with via our Seattle Chapter Director on a case by case basis.

INJURY POLICY:

Participants who are injured during Skate Like a Girl program hours to the point that they can no longer participate, such as a sprain or broken bone, will be entitled to a full cash refund or program credit. Please contact us at sfbay@skatelikeagirl.com to receive your refund.

PROGRAM CANCELTION POLICY:

In the event of program cancellation, due to weather or other factors (example: instructor illness), participants are entitled to a makeup class, program credit, or pro-rated refund equal to the class time that was missed. To claim your refund, contact sfbay@skatelikeagirl.com.

SATISFACTION GUARANTEE:

If for any reason you are unsatisfied with your experience, you must contact us at seattle@skatelikeagirl.com within 24 hours of the start of the program. Skate Like a Girl will honor a full refund (minus 10% non-refundable deposit) or program credit for any participant who did not have a positive experience within 24 hours of the first day of a program.

NEW! COVID-19 SPECIAL POLICIES:

This year, in order to maintain 6 feet of distance between campers and staff, we will not be providing physical support down ramps or other skate obstacles. To help reduce injury, we will be skating "smarter not harder", and only attempting obstacles that skaters can complete on their own. All campers must wear a helmet at all times, and we strongly encourage all campers to wear elbow, knee, and wrist protection as well. All skaters and Skate Like a Girl personnel are required to wear a mask over their nose and mouth for the duration of camp, except for when taking a water break. During water breaks, camp attendees must slide their mask down, take a sip of water, and then put their mask back up between sips. In the event of a Covid exposure during camp hours, camp will be cancelled for the remainder of the week, and all participants will be entitled to a full refund. If our staff are exposed to Covid outside of camp hours, our staff will not be able to come to work, and therefore camp may be cancelled. As with other cancellations on behalf of Skate Like a Girl, all participants will be entitled to a full refund. If participants are exposed to Covid outside of camp hours, they should not attend any further camps or programs for a minimum of 14 days, and will be entitled to a full refund.