



SKATE LIKE A GIRL SUMMER SKATE CAMP Parent Information

Thank you for joining us for Skate Like a Girl Summer Skateboarding Camp! This document should answer many of your questions! If you have additional questions or concerns, please contact us at portland@skatelikeagirl.com.

CAMPER CODE OF CONDUCT:

- Each day upon arrival, all campers will participate in a health screening
- Wear a mask over your face and nose at all times, except specific occasions such as water or snack breaks
- Please maintain 6 feet of distance between yourself and others at all times
- Follow all directions given by staff and volunteers
- Respect counselors and campers, ensuring everyone feels welcome and safe
- Wear a buckled helmet at all times during camp hours. Additionally, campers will be required to wear wrist, knee, and elbow pads, unless parents approve otherwise (example: parent notes on registration that only wrist guards will be required for their child)
- Communicate appropriately by not using foul language, gestures, or unfriendly tones of voice
- Do not cause deliberate physical and/or emotional harm of counselors or campers, such as bullying, pushing, kicking, hitting, or fighting
- Do not leave the group you are assigned, and communicate any needs to your counselors, such as water, bathroom, snack, shade, etc.

If campers cannot follow these rules, they will be issued a warning and parents will be notified. If behaviors still do not change after a warning, campers may be expelled from camp at the discretion of Skate Like a Girl.

DROP OFF / PICK UP:

All campers are to be dropped off & picked up at the Happy Valley skatepark. We require parents to sign in/out, unless noted on the registration form that your child can sign themselves in/out.

We expect parents to be on time for drop-off and pick-up each day. If no one arrives to pick up your child on time, our staff will contact you and your designated emergency contacts. We will wait with your child until they are picked up by a parent or guardian. If your child is picked up later than 15 minutes, you will be charged a financial penalty of \$50. For every additional 15 minutes, you will be charged \$50. These rates are put in place so that our staff can be paid for any additional time spent working after camp is completed, and so that this is not a continual issue that prevents our staff from getting to other post-camp jobs or other responsibilities. If this is a continual issue, it may result in your child's expulsion from camp.

***NEW FOR 2021* NO CONTACT CAMP**

This year, in order to maintain 6 feet of distance between campers and staff, we will not be providing physical support, such as holding arms while skaters go down ramps. To help reduce injury, we will be skating "smarter not harder", and only attempting obstacles that skaters can complete on their own. All campers must



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wear a helmet at all times, and we strongly encourage all campers to wear elbow, knee, and wrist protection as well.

WHAT IF IT RAINS or IS WET?

Unfortunately, if the skate park is wet, or otherwise dangerous as a result of weather, camp will not be possible due to the danger of slipping. **We will cancel camps in cases of dangerous inclement weather** (Examples: lightning, flood, rain). If inclement weather comes during camp, campers will find temporary shelter nearby and parents will be notified immediately if camp is cancelled. All participants will be entitled to a pro-rated refund or program credit for days of camp missed due to inclement weather cancellation.

WHAT IF THERE IS POOR AIR QUALITY or SMOKE?

In the case of poor air quality **exceeding an Air Quality Index (AQI) of 150, camp will be cancelled** and parents will be notified immediately. If the AQI falls between 100-200 for multiple days, camp may be cancelled. If the AQI is below 100, camp will not be cancelled. All participants will be entitled to a pro-rated refund or program credit for days of camp missed due to a smoke cancellation.

WHAT IF THERE IS A COVID EXPOSURE? WILL I RECEIVE A REFUND?

In the event of a Covid exposure during camp hours, camp will be cancelled for the remainder of the week, and all participants will be entitled to a full refund. If our staff are exposed to Covid outside of camp hours, our staff will not be able to come to work, and therefore camp may be cancelled. As with other cancellations on behalf of Skate Like a Girl, all participants will be entitled to a full refund. If participants are exposed to Covid outside of camp hours, they should not attend any further camps or programs for a minimum of 14 days, and will be entitled to a full refund.

CAMP SCHEDULE:	
ASAP	<i>*Parents notified by call and email, if there is a cancellation/change due to weather or covid</i>
7:45 AM	Camp check-in open – participant health screening, pad up, & open skate
8:15 AM	Circle Time
8:30 AM	Game & Stretch
8:45 AM	Skate Instruction
9:45 AM	Group A: Snack & Water Break / Group B: Skate Instruction
10:00 AM	Group B: Snack & Water Break / Group A: Skate Instruction
10:15 AM	Skate Instruction (ALL GROUPS)
11:00 AM	Camper pick up & sign-out



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WHAT TO BRING:

- **Mask** - We strongly recommend more than 1 mask, as skaters will most likely be getting a bit sweaty!
- **Hand Sanitizer** - We strongly recommend sending your child to camp with their own personal bottle of sanitizer.
- **Water Bottle** - Soda and/or energy drinks are not allowed.
- **Sunscreen** - Our staff are not authorized to provide any medications to your child, including sunscreen. Youth need to apply their own sunscreen.
- **Layers** - Please send your child with a light jacket or long sleeve
- **Nutritious Snack** -
 - Please do not provide your child with money for vending machines or other outside establishments.
- **Skateboard & Helmet** - We highly recommend the use of elbow, knee & wrist pads! To ensure safety of all participants, ***NEW* loaner skateboards, helmets and pads will NOT be provided** this summer. Skate Like A Girl Summer Camps offer free boards and helmets to any youth in need - [Please fill out this form to request your set of gear.](#)

SKATEBOARDING GEAR 101:

- Although they seem like a good deal, mass-produced skateboards from department stores will make it harder for your child to roll, gain speed, and turn. Further, they add to the risk of falls due to an inability to properly steer or roll. **We HIGHLY recommend investing in a higher quality board.**
- We strongly **recommend a skateboard that is a "popsicle" shape**, and we do not recommend longboards, penny boards, or cruisers. If you have further questions about where to purchase a quality skateboard or safety gear, please contact portland@skatelikeagirl.com.
- Proper pads are very important. Good pads cover the elbows and knees completely, and have large plastic plates to allow sliding on concrete without skin contact. The straps should fit snugly around knees and elbows, without easily falling off or constricting movement. Helmets should fit snugly on the head, without causing headache (too tight) or flopping around (too loose).



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PRONOUNS:

At Skate Like a Girl, we are committed to creating spaces where participants and counselors of all genders feel welcome. Every day we skate with little boys with long hair, girls who hate pink, and many more kiddos in between and beyond. In order to not misgender anyone, we ask our counselors and campers to share their pronouns with the group if they'd like. If youth don't wish to share their pronouns, and opt to use their name instead, that's totally cool. If you have additional questions, please contact portland@skatelikeagirl.com.

DISCIPLINARY EXIT:

We typically do not honor refunds for youth who miss days of skate programming due to a behavior related expulsion. Refunds in this case will be dealt with via our Portland Chapter Director on a case by case basis.

INJURY POLICY:

Participants who are injured during Skate Like a Girl program hours to the point that they can no longer participate, such as a sprain or broken bone, will be entitled to a full cash refund or program credit. Please contact us at portland@skatelikeagirl.com to receive your refund.

PROGRAM CANCELLATION POLICY:

In the event of program cancellation, due to weather or other factors (example: instructor illness), participants are entitled to a pro-rated refund or program credit equal to the class time that was missed. To claim your refund, contact kwame@skatelikeagirl.com.

GENERAL REFUNDS NOT RELATED TO COVID EXPOSURE, INJURY, OR WEATHER CANCELLATION

All registrations generally have a 10% non-refundable deposit. This non-refundable deposit covers administrative processing and costs of registration. Any general refund request will be honored in full, minus the 10% non-refundable deposit, if requested more than 14 days prior to the first day of the program. No refunds will be processed within 14 days of the program start date, however, we can honor a program credit to be used towards a different program. Refunds can only be processed (a) back to the original form of payment, (b) a mailed check, or (c) as a credit towards a future Skate Like A Girl program.

SATISFACTION GUARANTEE:

If for any reason you are unsatisfied with your experience, you must contact us at portland@skatelikeagirl.com within 24 hours of the start of the program. Skate Like a Girl will honor a full refund (minus 10% non-refundable deposit) or program credit for any participant who did not have a positive experience within 24 hours of the first day of a program.



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***NEW FOR 2021* COVID-19 SPECIAL POLICIES:**

- This year, in order to maintain 6 feet of distance between campers and staff, we will not be providing physical support, such as holding arms while skaters go down ramps. To help reduce injury, we will be skating “smarter not harder”, and only attempting obstacles that skaters can complete on their own. All campers must wear a helmet at all times, and we strongly encourage all campers to wear elbow, knee, and wrist protection as well.
- All skaters and Skate Like a Girl personnel are required to wear a mask over their nose and mouth for the duration of camp, except for when taking a water break. During water or snack breaks, camp attendees must slide their mask down, take a sip of water or a bite, and then put their mask back up between sips and while chewing.
- To ensure safety of all participants, loaner skateboards, helmets and pads will NOT be provided this summer. Skate Like A Girl Summer Camps offer free boards and helmets to any youth in need - [Please fill out this form to request your set of gear.](#)
- In the event of a Covid exposure during camp hours, camp will be cancelled for the remainder of the week, and all participants will be entitled to a full refund. If our staff are exposed to Covid outside of camp hours, our staff will not be able to come to work, and therefore camp may be cancelled. As with other cancellations on behalf of Skate Like a Girl, all participants will be entitled to a full refund. If participants are exposed to Covid outside of camp hours, they should not attend any further camps or programs for a minimum of 14 days, and will be entitled to a full refund.