



# SKATE LIKE A GIRL SUMMER SKATE CAMP

## Family Information Sheet

Thank you for your interest in joining us for Skate Like a Girl Summer Skateboarding Camp! This document should answer many of your questions. If you have additional questions or concerns, please contact your local chapter via email:

- **SEATTLE:** [seattle@skatelikeagirl.com](mailto:seattle@skatelikeagirl.com)
- **SF BAY:** [sfbay@skatelikeagirl.com](mailto:sfbay@skatelikeagirl.com)
- **PORTLAND:** [portland@skatelikeagirl.com](mailto:portland@skatelikeagirl.com)

We ask that all campers abide by our Camper Code of Conduct. Families, please review this with your child prior to their camp's start date.

### **CAMPER CODE OF CONDUCT:**

- Follow all directions given by staff and volunteers
- Respect counselors and campers, ensuring everyone feels welcome and safe
- Wear a buckled helmet while skateboarding. Additionally, campers will be required to wear wrist, knee, and elbow pads, unless parent/guardian approves otherwise on registration forms
- Communicate appropriately by not using foul language, gestures, or unfriendly tones of voice
- Be kind and not cause deliberate physical and/or emotional harm of counselors or campers, such as bullying, pushing, kicking, hitting, or fighting
- Stay with the group you are assigned, and communicate any needs to your counselors, such as water, bathroom, snack, shade, etc.

If campers don't follow these rules, they will be issued a warning and parents/guardians will be notified. If behaviors still do not change after a warning, campers may be expelled from camp at the discretion of Skate Like a Girl.

### **DROP OFF / PICK UP:**

All campers are to be dropped off & picked up each day at camp check-in/out station. Drop off/pick up requires an adult to sign the camper in/out on-site, unless noted on the registration form that the camper can sign themselves in/out from camp. If you plan to have anyone other than the camper, parent/guardian or emergency contact listed on the registration signing your camper in/out, please communicate this directly to the Lead camp counselor onsite at pick up or drop off. If there are specific needs related to your child's sign in/out, such as specific individuals who cannot interact with the camper, please note this on the registration form.

For morning drop-off to camp, please arrive between 8:40 am and 9 am. Our staff need intentional time to set up for camp each day, and will not have the ability to interact with campers or their families before 8:40 AM. Camp will officially begin at 9 am every morning.

For afternoon pick up, we expect parents/guardians to be on time (12:00 pm Half Day, 4:00 pm Full Day) for pick up each day of camp. If campers are not picked up on time, our staff will call contacts listed on the registration form. If your camper is

picked up later than 15 minutes, you may be charged a late pickup fee of \$50\*. Each additional 15-minute delay may incur an additional \$50 fee\*.

*\*These fees are put in place so that our staff can be paid for any additional time spent working after camp is completed, and so that this is not a continual issue that prevents our staff from getting to other post-camp jobs or other responsibilities. If this is a continual issue, it may result in your camper's expulsion from camp.*

## **WHAT TO BRING:**

- **Mask** - Optional; we strongly recommend bringing more than 1 mask each day, as skaters will most likely be getting a bit sweaty! **(may vary venue to venue)**
- **Hand Sanitizer** - We strongly recommend sending your child to camp with their own personal bottle of sanitizer.
- **Water Bottle** - Soda and/or energy drinks are not allowed.
- **Sunscreen** - We encourage the application of sunscreen for outdoor venues. Our staff are not authorized to provide any medications to your child, including sunscreen. Campers need to apply their own sunscreen.
- **Layers** - Please send your child with a light jacket or long-sleeved shirt.
- **Nutritious Snack/Lunch** - For half day camp, please send your child with at least 1 nutritious snack. For full day camp, please send your child with 2 nutritious snacks and a full lunch. Please do not provide your child with money for vending machines, vendors, or other outside establishments.
- **Skateboard & Helmet** - In addition to mandatory helmet use by all campers, Skate Like a Girl also highly recommends the use of elbow, knee & wrist pads! To ensure the safety of all campers, **loaner skateboards, helmets, and pads are available** for summer programs, but they must be reserved in advance on camp registration paperwork. If you have already registered for camp and forgot to request gear, please email your local chapter to submit a loaner gear request.

**NOTE:** Any requested loaner skate equipment will be issued to campers on Day 1 of camp and will be asked to be returned at the end of camp on Day 5. Campers will be responsible for bringing their loaner gear to and from camp each day.

**SKATEBOARDING GEAR 101** - *If you are looking to purchase your child their own gear for skate camp, here is our best advice:*

- We strongly **recommend a skateboard that is a "popsicle" shape**, and we do not recommend longboards, penny boards, or cruisers. If you have further questions about where to purchase a quality skateboard or safety gear, please contact your local chapter.
  - Decks can be any width, from 7.5-8.5 in
  - Wheels can be any size, from 52-56 mm and ideally 95-105 durometer
- Although they seem like a good deal, mass-produced skateboards from department stores will make it harder for your child to roll, gain speed, and

turn. Further, they add to the risk of falls due to an inability to properly steer or roll. **We HIGHLY recommend investing in a higher quality board.**

- Proper pads are very important. **Good pads cover the elbows and knees completely** and have large plastic plates to allow sliding on concrete without skin contact. The straps should fit snugly around knees and elbows, without easily falling off or constricting movement. Helmets should fit snugly on the head, without causing a headache (too tight) or flopping around (too loose).

### **PRONOUNS:**

At Skate Like a Girl, we are committed to creating spaces where campers and counselors of all genders feel welcome. In order to not misgender anyone, we ask our counselors and campers to share their pronouns with the group if they'd like. If youth don't wish to share their pronouns and opt to use their name instead, that's totally cool. If you have additional questions, please contact your local Chapter Director.

### **CONSENT**

Skate Like a Girl values and practices consent at all of our programs. This means counselors will only provide assistance with gear/pads, take photos or videos of campers skating, and provide physical support to spot tricks if both counselor and camper give consent. If a camper declines physical support for trick tips, we will remain contactless and skate "smarter not harder," and only attempt obstacles or tricks that skaters can complete on their own. All campers must wear a helmet at all times, and we strongly encourage all campers to wear elbow, knee, and wrist protection as well.

### **WHAT IF IT RAINS or IS WET?**

Unfortunately, if the skate park is wet, or otherwise dangerous as a result of weather, camp will not be possible due to the danger of slipping. **We will cancel camps in cases of dangerous inclement weather** (Examples: rain, lightning, flood). If an inclement weather cancellation is needed, our goal is that parents/guardians will receive notice of cancellation via email no later than 8:30 am. If inclement weather comes **during** camp, campers will find temporary shelter nearby and parents/guardians will be notified immediately if camp is canceled. We strongly encourage all parents/guardians to have a plan in place for early pickup in the event that camp ends early due to inclement weather. All campers will be entitled to a pro-rated refund or program credit\* for days of camp missed due to inclement weather cancellation.

### **WHAT IF THERE IS POOR AIR QUALITY or SMOKE?**

In the case of poor air quality **exceeding an Air Quality Index (AQI) of 200, camp will be canceled** and parents/guardians will be notified immediately. If the AQI falls between 100-200 for multiple days, camp may be canceled. If the AQI is below 100, camp will not be canceled. All campers will be entitled to a pro-rated refund or program credit\* for days of camp missed due to a smoke cancellation.

<b>DAILY CAMP SCHEDULE</b>	
by 8:30 AM	<i>Parents/guardians notified if there is a cancellation/change due to weather</i>
8:40 AM	Camper check-in starts
9:00 AM	Camp start - continue check in, pad up, supervised open skate
9:15 AM	Circle Time (15 min)
9:30 AM	Warm-ups & SHRED Theme of the Day (15 min)
9:45 AM	Skate Instruction (60 min)
10:45 AM	Water/Snack/Bathroom Break #1 (15 min)
11 AM	Skate Instruction (30 min)
11:30 AM	Showcase & Closing Activity (30 min)
12:00 PM	½ Day Camper sign-out / Lunch for Full Day Campers (30 min)
12:30pm	Group Game (30 min)
1pm	Water/Snack/Bathroom Break #2 (15 min)
1:15pm	Group Art/Skate Culture Activity (30 min)
1:45pm	Supervised Open Skate Practice (45 min)
2:30pm	Water/Snack/Bathroom Break #3 (15 min)
2:45pm	Group Game (15 min)
3:00pm	Supervised Open Skate Practice (30 min)
3:30pm	Showcase & Closing Activity (30 min)
4:00pm	Camper Pick Up (15 min)

*\*Note about pick up: the latest you can pick up your child without incurring a \$50 late fee is 15 minutes after the end of camp (Half day: 12:15pm, Full day: 4:15pm)*

**ILLNESS POLICY:** *Please note that these policies are ever-evolving, and our team will do our best to communicate any/all changes as soon as possible.*

Skate Like a Girl asks all campers and staff who are feeling ill in any way to stay home and take care of themselves. If campers are exposed to COVID outside of camp hours, we request families administer a home test. If the test result is negative and no symptoms are being experienced, campers can return to camp. If test results are positive and/or campers are experiencing symptoms of illness, we ask campers to stay home and recover. Campers can return to programs once they test negative and are no longer experiencing symptoms. Campers will be eligible for a prorated refund/credit\* for days missed due to COVID.

**INJURY POLICY:**

Campers who are injured during Skate Like a Girl program hours to the point that they can no longer participate, such as a sprain or broken bone, will be entitled to a full cash refund or program credit\*. Please contact your local chapter via email to receive your refund.

**PROGRAM CANCELLATION POLICY:**

In the event of program cancellation, due to weather or other factors (example: instructor illness), campers are entitled to a pro-rated refund or program credit\* equal to the class time that was missed. To claim your refund, contact [active@skatelikeagirl.com](mailto:active@skatelikeagirl.com).

**GENERAL REFUNDS NOT RELATED TO ILLNESS, INJURY, OR PROGRAM CANCELLATION:**

All registrations have a 10% non-refundable deposit. This non-refundable deposit covers administrative processing and costs of registration management. Any request for a refund will be honored in full, minus the 10% non-refundable deposit, if requested more than 14 days prior to the first day of the program. Refunds requested between 7 and 14 days before the program start date will only be eligible for a program credit\*. We are not able to refund processing fees. No refunds will be processed within 7 days of the program start date. Refunds can only be processed (a) back to the original form of payment or (b) as a credit\* towards a future Skate Like a Girl program. NOTE: if you need to pick up a camper early, you will not be eligible for a refund or program credit\*.

**DISCIPLINARY EXIT:**

We typically do not honor refunds for campers who miss days of skate programming due to a behavior-related expulsion. Refunds in this case will be dealt with via local Chapter Director and Executive Director on a case-by-case basis.

**SATISFACTION GUARANTEE:**

If for any reason you are unsatisfied with your experience, you must email your local chapter within 24 hours of the start of the program. Skate Like a Girl will honor a full refund (minus 10% non-refundable deposit) or program credit\* for any camper who did not have a positive experience within 24 hours of the first day of a program.

*\*Credits are linked to your ACTIVE online account and can be used for any Skate Like a Girl Programs. Credits expire 2 years after their original issue date.*